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Hand Harvested Chiltepin Chilies

Chocolate-Chiltepin Clusters



The flavor of this little delicacy is so surprising that you would *never* ever guess how simple and quick it is to make.

Ingredients:

1 Cup Chocolate chips
1 Cup mixed nuts of your choice (I used Trader Joes Organic Trek Mix as it has nuts and cranberries - but YOUR favorite nuts and fruit are what should guide you)
1-2 chiltepin,

How to:

On VERY low heat melt together 3/4 -1 cup of a cup of Chocolate chips of your choice and 3/4 cup mixed nuts and fruit.
And 1-2 crushed chiltepin.

Once melted, dollop small spoonfuls onto a plate (parchment paper helps) and put in the freezer for 10-20 minutes.
Remove and put in an airtight container - keep in fridge.

Once cluster is so fantastic and so nutrient rich that it can reset your mood while it delights your tongue and clears your mind of any brain fog.
Guaranteed to chase demotors away, and to inspire out of the box thinking.